Protocol for Long Covid and Covid Vax Injury (doctors recommending increased dosing for vax injured)

All these items, with the exception of Ivermectin (outside TN) and Rapamycin can be found in most local supplement stores and online (e.g., Amazon).

Images show common brands, but please research and find a brand you think is best for your needs.

Item	Dose	Image
Serrapeptase	120,000 SPUs daily (2 capsules)	High Potency Serrapeptase 120,000 SPU MISS SUPPORT HEAD MY SLESS 120,000 SPU MISS SUPPORT HEAD M
Nattokinase (excellence article on benefits: https://petermcculloughmd.substack.com/p/nattok inase-in-the-prevention-and)	2,000 FUs twice daily (2 capsules)	Nattokinas 2,000 FUs PLAS SUPPORT CARDINASULAND CIRCULATION HEUDI 90 Veggie Caps V
Nuprinol	2 capsules daily	ARTHUR ANDREW Neprinol AFD Dietary State ADVANCED FIBRIN DEFRIST 15.000 FUS Per Capsule Normal Immune Functor' Healthy Circulation Normal Inflammatory Response and to new weeton from strendal entered 90 Capsules

Bromelain	100mg daily	TELEFAMINS DIETARY SUPPLEMENTS BROMELAIN HIGH POTENCY SOO MG PER SERVING TO SUPPLEMENTS DISCHARGE TO SUPPLEMENTS TO SUPPL
Nano or Liposomal Curcumin	500mg twice daily	LIPOSOMAL CURCUMIN COTTANA BROWNLABILITY FREETER PROMOTORY (1500)
Liposomal Glutathione	1 daily	SSENTIAL DISSOMAL GLUTATHIONE SORE dietary supplement win BISCILITE "Complex ESSENTIAL NUTRACEURCALS 60 softgels
Aspirin (unless contraindicated)	1 daily	Aspirin Control and

Vitamin D3 + K	10 drops, twice a week	CALL CAST LAST LAST LAST LAST LAST LAST LAST L
Methylene Blue	20 drops daily	Methylene Bills 1% Nemwer New Market New Mar
Silidyn (optional)	10 drops daily	PEARL SUID V V Sour sid sp. v (a) Commission and in PEARL WINDOWN AND AND IN PEAR
Biocidin LSF (optional)	3 squirts under tongue daily	Biocidin LSF Last parties Ligarity Birth MAA RESERVE M Last Last Last Last Last Last Last La
Zinc	100 mg daily	
Vitamin C	2000 mg daily	
Ivermectin	Dose according to body weight, 2-3 times weekly	

Armra (mix with hot or cold liquid; mixes well with mini hand frother)	1 packet daily	ARMSA COLOSTRUM Immune Revival Immon Barrian Baerfood (INN.A. 12115) PROTECT ROCKERATE (INTERNATIONAL INTERNATIONAL INTERNATION
Melatonin	1-6 mg daily at night	
Nicotine gum or patch	As directed on	
(optional)	package	
Doctor-prescribed medication (recommended):		
Rapamycin (good for long Covid and anti-aging)	4-6 mg weekly	
Acute treatment is 6 mg; loading does is 2 mg daily for days 2-10 and 6 mg daily thereafter		
Intermittent fasting This is a powerful method for combatting long covid systems and vax injury	16-18 hours fast	